

# Qlunch presentation on the adiabatic theory for the area-constrained Willmore flow

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## 1 Introduction

Let  $(M, g)$  be a 3-dimensional, complete, oriented Riemannian manifold with non-negative curvature. Consider the area-constrained Willmore (ACW) flow,

$$\partial_t x^N = -W(x) - \lambda H(x). \quad (1)$$

Here, for  $t \geq 0$ ,  $x = x_t : \mathbb{S} \rightarrow M$  is a family of embeddings of spheres (with orientation compatible with that on  $M$ ).  $\partial_t x^N$  denotes the normal velocity at  $x$ , given by  $\partial_t x^N := g(\partial_t x, \nu)$ , where  $\nu = \nu(x)$  is the unit normal vector to  $\Sigma$  at  $x$ .  $H(x)$  denotes the mean curvature scalar at  $x$ .  $W(x) := \Delta H(x) + H(x)(\text{Ric}_M(\nu, \nu) + |\mathring{A}|^2(x))$  is the Willmore operator, where  $\mathring{A}(x)$  denotes the traceless part of the second fundamental form.  $\lambda$  is the Lagrange multiplier, arising due to the area constraint.

### 1.1 Configuration spaces and the geometric structure of ACW

In this subsection, we layout the geometric structure of ACW flow (1).

Let  $c \gg 1, k \geq 4$  be given. Define the configuration space

$$X^k := H^k(\mathbb{S}, M), \quad X_c^k := \{x \in X^k : |x(\mathbb{S})| = c\}. \quad (2)$$

Here, for a surface  $\Sigma := x(\mathbb{S}) \subset M$ , we denote  $|\Sigma| := \int_{\Sigma} d\mu_{\Sigma}^g$  the area of  $\Sigma$ , where  $\mu_{\Sigma}^g$  is the area form induced by the embedding  $x$  and background metric  $g$ . One can check easily that (1) is well-defined in  $X_c^k$ . The spaces in (2) are equipped with the  $L^2$ -inner product

$$\langle \phi, \phi' \rangle := \int_{\mathbb{S}} \langle \phi, \phi' \rangle_{\text{Euclidean}} \quad (\phi, \phi' \in X^k). \quad (3)$$

Let  $x \in X^k$  and write  $\Sigma = x(\mathbb{S})$ . The tangent spaces to  $x$  at  $X^k$  and  $X_c^k$  are respectively given by

$$T_x X^k = X^k, \quad (4)$$

$$T_x X_c^k = \left\{ \phi \in T_x X^k : \int_{\Sigma} Hg(\phi, \nu) = 0 \right\}. \quad (5)$$

Here, (5) is due to the well-known first variation formula of the area functional. Notice that, slightly abusing notation, in (5) we view  $\phi$  as a vector field over  $\Sigma$ . With (3), we have a formal Riemannian structure on the configuration spaces  $X^k$  and  $X_c^k$ .

With this geometric structure of  $X^k$ , one can view the equation (1) as the  $L^2$ -gradient flow, restricted to  $X_c^k$ , of the Willmore energy

$$\mathcal{W}(\Sigma) = \frac{1}{4} \int_{\Sigma} H^2 d\mu_{\Sigma}^g. \quad (6)$$

We call (the images of) static solutions to (1) *surfaces of Willmore type*, following the nomenclature in [4]. Using Sobolev inequalities, one can show that for  $k \geq 4$ , the functional  $\mathcal{W}$  is well-defined and  $C^2$  (in the sense of Fréchet derivatives) on  $X_c^k$ .

Let  $d\mathcal{W}(x) : T_x X_c^k \rightarrow T_x X_c^{k-4}$  be the Fréchet derivative of  $\mathcal{W}$  at an embedding  $x$  in the class  $X_c^k$ . Define the normal  $L^2$ -gradient  $\nabla^N \mathcal{W}(x)\phi := d\mathcal{W}(x)\phi$  for every normal, area-preserving variation  $\phi$  on the surface  $\Sigma = x(\mathbb{S})$ . (This operator  $\nabla^N$  depends on  $x$ .) Then by the first variation formula of the Willmore energy (see e.g. [1, Sec. 3]), this  $\nabla^N \mathcal{W}(x)$  is given by the r.h.s. of (1). This allows us to rewrite (1) as

$$\partial_t x^N = \nabla^N \mathcal{W}(x) \quad (x \in X_c^k).$$

Equivalently, (1) is the (negative) gradient flow of the Hawking mass,

$$m_{\text{Haw}}(\Sigma) := \frac{|\Sigma|^{1/2}}{(16\pi)^{3/2}} \left( 16\pi - \frac{1}{2} \int_{\Sigma} H^2 d\mu_{\Sigma}^g \right), \quad (7)$$

in the sense that a flow of surfaces evolving according to (1) increases the mass  $m_{\text{Haw}}$ . For interests from physics related to this problem, especially in general relativity, see [5].

## 1.2 Main result

Under suitable assumptions on the background manifold, we derive the following results in [6]:

**Theorem 1 (Main).** *Let  $k \geq 4$ ,  $c \gg 1$ . Let  $X^k$  be the configuration space defined in (2). Fix  $R \gg 1$ ,  $\delta \ll 1$  in Definition ??.*

*Then there exists a map*

$$\tilde{\Phi} : M' := \mathbb{R}_{>R} \times B_1(0) \subset \mathbb{R} \times \mathbb{R}^3 \rightarrow X^k$$

*with the following property: Let  $x_{r,z} := \tilde{\Phi}(r, z)$ . There hold:*

1. (Critical point)  $x_z$  parametrizes a surface of Willmore type if and only if  $z$  is a critical point of the function  $\mathcal{W} \circ \tilde{\Phi} : \mathbb{R}^4 \rightarrow \mathbb{R}$ , restricted to the submanifold  $\{(r, z) \in M' : |\tilde{\Phi}(r, z)(\mathbb{S})| = c\}$ .
2. (Stability) Suppose  $x_z$  parametrize an admissible surface of Willmore type. Then  $x_z$  is uniformly stable with small area-preserving  $H^k$ -perturbation<sup>1</sup> if  $z$  is a strict local minimum of the function  $\mathcal{W} \circ \tilde{\Phi}$  restricted to the submanifold  $\{(r, z) \in M' : |\tilde{\Phi}(r, z)(\mathbb{S})| = c\}$ .
3. (Effective dynamics) Let  $\Sigma_* = x_*(\mathbb{S})$  be an admissible surface. Let  $\Sigma_t = x_t(\mathbb{S})$  be the global solution to (1) with initial configuration  $\Sigma|_{t=0} = \Sigma_*$  as in Theorem ??.

*Then there exist  $\alpha > 0$ ,  $T = O(R^{-\alpha})$ , and a path  $(r_t, z_t) \in M'$ , such that for every  $t \geq T$ ,*

$$\|\tilde{\Phi}(r_t, z_t) - x_t\|_{X^k} = O(R^{-3}). \quad (8)$$

*Moreover, the path  $(r_t, z_t)$  evolves according to*

$$\dot{z} = \frac{1}{4\pi} \nabla_z \mathcal{W} \circ \tilde{\Phi}(r, z) + O(R^{-3}), \quad (9)$$

$$\dot{r} = 4R^{-2} + O(R^{-3}). \quad (10)$$

*In (9) the leading term is of the order  $O(R^{-2})$ .*

4. Conversely, if  $(r_t, z_t) \in M'$  is a flow evolving according to (9)-(10), then there exists a global solution  $x_t$  to (1) such that (8) holds for this choice of  $(r_t, z_t)$  and every  $T \leq t \leq T + R$ .

## 2 The Lyapunov-Schmidt map

Let  $k \geq 4, c \gg 1$ . Let  $K \subset M$ ,  $R \gg 0$  to be determined, and let  $M' := \mathbb{R}_{>R} \times B_1(0) \subset \mathbb{R} \times \mathbb{R}^3$ . In this section we construct the map  $\tilde{\Phi} : M' \rightarrow X^k$  as in Theorem 1.

### 2.1 Graphs over sphere

Denote  $H^k = H^k(\mathbb{S}, \mathbb{R})$ . This space is equipped with the  $L^2$ -inner product  $\langle u, v \rangle = \int_{\mathbb{S}} uv$ . Define the configuration space

$$Y^k := H^k \times M'. \quad (11)$$

Define a map

$$\theta : \begin{array}{ccc} Y^k & \longrightarrow & X^k \\ (\phi, r, z) & \longmapsto & r(1 + \phi(v))v + z \end{array} \quad (12)$$

Here  $v \in \mathbb{S} \subset \mathbb{R}^3$  is the spherical coordinate, and recall we identify the asymptotic part  $(M \setminus K) \cong (\mathbb{R}^3 \setminus B_R(0))$ . Define

$$Y_c^k := \{(\phi, r, z) \in Y^k : \theta(\phi, r, z) = c\} \quad (13)$$

This corresponds to the space of surfaces with fixed area,  $X_c^k$ , as in (2).

For  $\|\phi\|_{H^k} \ll 1$ , the map  $\theta(\phi, r, z)$  is a well-defined graph over the coordinate sphere  $\theta(0, r, z)(\mathbb{S}) =: S_{r,z}$ . Thus we can also identify  $\theta(\phi, r, z)$  as a function from  $S_{r,z} \subset M \rightarrow \mathbb{R}$ . Note also that for sufficiently large  $c \gg 1$  and every  $z \in B_1(0) \subset \mathbb{R}^3$ , there is a coordinate sphere with area  $c$  around  $z$ . Thus the map  $\theta$  is surjective onto  $X_c^k$ .

**Definition 1** (topology on graphs). We say two graphs  $\theta(\phi, r, z)$ ,  $\theta(\phi', r', z')$  are  $H^k$ -close if  $\|\phi - \phi'\|_{H^k} + |r - r'| + |z - z'| \ll 1$ .

<sup>1</sup>This means that if  $y$  is another admissible surface that is  $H^k$ -close to  $x_z$ , then for every  $\epsilon > 0$  there exists  $T > 0$  such that  $\|x_t - y_t\|_{X^k} < \epsilon$  for all  $t \geq T$ , where  $x_t, y_t$  are respectively the flows generated by  $x_z, y$  under (1).

## 2.2 Lyapunov-Schmidt reduction

Denote  $\bar{W}(\phi, r, z)$ ,  $\Omega(\phi, r, z)$  the pullbacks of the r.h.s. of (1) and the Willmore energy (6) to  $Y^k$  through  $\theta$ , respectively. Explicitly, we have

$$\begin{aligned}\bar{W}(\phi, r, z) &:= -W(\theta(\phi, r, z)) - \lambda H(\theta(\phi, r, z)), \\ \Omega(\phi, r, z) &:= \mathcal{W}(\theta(\phi, r, z)).\end{aligned}\tag{14}$$

Since  $\mathcal{W}$  is  $C^2$  on  $X^k$  with  $k \geq 4$  and  $\theta$  is smooth, the pullback energy  $\Omega$  is  $C^2$  on  $Y^k$ ,  $k \geq 4$ . Using Sobolev inequalities, one can check that the partial Fréchet derivative  $\bar{W}$  is  $C^1$  in  $\phi$  and smooth in  $r, z$ . This  $\bar{W}$  is the  $L^2$ -gradient of  $\Omega(\cdot, r, z)$  up to scaling, and satisfies the mapping property  $\bar{W} : Y^k \rightarrow H^{k-4}$ .

*Remark 1.* Notice that (14)-(15) both depend implicitly on the background metric  $g$ .

**Lemma 1.** *The linearized operator  $L_{r,z}$  of  $\bar{W}$  at  $(0, r, z)$  with background metric  $g$  is given by*

$$\begin{aligned}L_{r,z}^g &:= \partial_\phi \bar{W}(\phi, r, z)|_{\phi=0} \\ &= (\Delta^2 + 2r^{-2}\Delta + O(r^{-4}))\partial_\phi \theta(0, r, z) : H^k \rightarrow H^{k-4}.\end{aligned}\tag{16}$$

Here  $\Delta : X^k \rightarrow X^{k-2}$  denotes the Laplace-Beltrami operator on the coordinate sphere  $S_{r,z} \subset M \setminus K$ , with center  $z$  and radius  $r$ . The partial Fréchet derivative  $\partial_\phi \theta(0, r, z) : H^k \rightarrow X^k$  is given by  $\xi(v) \mapsto \xi(v)rv$ .

Moreover, the operator  $L_{r,z}$  is self-adjoint on  $H^k$ . The spectrum of  $L_{r,z}$  is purely discrete. The operator  $\partial_\phi \theta(0, r, z)$  is invertible and satisfies

$$\|\partial_\phi \theta(0, r, z)\|_{H^k \rightarrow X^k} = \|\partial_\phi \theta(0, r, z)^{-1}\|_{X^k \rightarrow H^k}^{-1} = r.\tag{17}$$

*Proof.* The operator  $L_{r,z}^g$  is explicitly calculated in [4, Sec. 3]. The spectral properties of  $L_{r,z}$  are studied in [4, Sec. 7]. The mapping properties of  $\partial_\phi \theta$  is obvious.  $\square$

*Remark 2.* The linearized operator (16) depends on (the curvature of) the background metric  $g$  on  $M$ . In the special case when the ambient manifold  $M$  is flat, i.e.  $g = \delta_{ij}$ , the linearized operator  $L_{r,z}^0$  has eigenvalue 0, and  $\ker L_{r,z}^0$  is spanned by the constant function  $y^0 \equiv 1$ , together with the spherical harmonics  $y^1, y^2, y^3$ . Thus, so long as  $(M, g)$  is asymptotically flat and  $r \gg 1$  in (16) (such as in our setting), one can view  $L_{r,z}^g$  as a perturbation of  $L_{r,z}^0$ . This motivates the following definition.

**Definition 2.** Define  $P : H^k \rightarrow H^k$  to be the  $L^2$ -orthogonal projection onto  $\text{span}\{y^0, \dots, y^4\} = \ker L_{r,z}^0$ . Define  $\bar{P} := 1 - P : H^k \rightarrow H^k$  be the complement of  $P$ .

Let  $\mathcal{S}$  be the set of all smooth symmetric two tensors on  $M$ . Define a map

$$\begin{aligned}F &: Y^k \times \mathcal{S} \longrightarrow H^{k-4} \\ &(\phi, r, z, h) \longmapsto \bar{P}\bar{W}(\phi, r, z),\end{aligned}\tag{18}$$

where  $\bar{W}$  is computed with background metric  $g = g_S + h$  (see Section ??).

**Proposition 1.** *Assume the ambient manifold  $(M, g)$  is  $C^k$ -closed to Schwarzschild.*

1. For every  $z \in \mathbb{R}^3$  with  $|z| < 1$  and sufficiently large  $r \geq R \gg 1$ , there is a unique solution  $\phi = \phi_{r,z} \in \bar{P}H^k$  to the equation

$$F(\phi, r, z, h) = 0,\tag{19}$$

where  $F$  is defined in (18), and  $g = g_S + h$ .

2. Moreover, the map  $(r, z) \mapsto \phi_{r,z}$  is  $C^2$ , and satisfies the estimate

$$\|\partial_r^m \partial_z^\alpha \phi_{r,z}\|_{H^k} \lesssim r^{-(2+2m)}.\tag{20}$$

for every  $m + |\alpha| \leq 2$ .

3. Moreover, the surface  $\theta(\phi_{r,z}, r, z)$  lies in the class of admissible surfaces in Definition ??

*Proof.* 1. By the Implicit Function Theorem, it suffices to check that the map  $F$  defined in (19) satisfies the following properties:

1.  $F$  is  $C^1$  in  $\phi$ .
2.  $F(0, r, z, 0) = 0$  for every  $r, z$ .
3.  $\partial_\phi F(0, r, z, 0) = L_{r,z}^0$  is invertible on  $\bar{P}H^k$ .

The first claim follows from the regularity of  $\bar{W}$  on  $Y^k$  and its smooth dependence on the background metric.

If the background metric is Schwarzschild, i.e.  $h = 0$ , then it is well-known that by conformal invariance the coordinate sphere  $\theta(0, r, z)$  is the global minimizer of the Willmore energy  $\mathcal{W}$ . Since  $\bar{W} = \partial_\phi \Omega$  (see (15)), the second claim follows.

The spectrum of  $L_{r,z}^0$  can be calculated explicitly. See for instance [2, Cor. 33]. In particular, 0 is an isolated eigenvalue with finite multiplicity. By elementary spectral theory, this implies the restriction  $\bar{L}_{r,z}^0 := L_{r,z}^0|_{\bar{P}}$  is invertible as a map from  $\bar{P}H^k \rightarrow \bar{P}H^k$ . Thus the third claim follows.

2. For the estimate (20), we expand

$$L_{r,z}^g = L_{r,z}^0 + V_{r,z}, \quad (21)$$

where  $V_{r,z}$  is defined by this expression. As we discuss in Remark 2, this  $V_{r,z}$  is bounded from  $H^k \rightarrow H^{k-4}$ , and satisfies  $\|V_{r,z}\|_{H^k \rightarrow H^{k-4}} = O(r^{-4})$ . The restriction  $\bar{L}_{r,z}^0$  can be bounded from below by  $Cr^{-2}$  for some  $C > 0$  only depending on  $k$ . It follows that

$$\|(\bar{L}_{r,z}^0)^{-1}V_{r,z}\|_{H^{k-4} \rightarrow H^k} = O(r^{-2}).$$

For sufficiently large  $r$ , this together with the expansion (21) implies that the restriction  $\bar{L}_{r,z}^g : \bar{P}H^k \rightarrow \bar{P}H^{k-4}$  is invertible, given explicitly as the Neumann series

$$(\bar{L}_{r,z}^g)^{-1} = \sum_{n=0}^{\infty} (\bar{L}_{r,z}^0)^{-1} (-V_{r,z} (\bar{L}_{r,z}^0)^{-1})^n.$$

From here one can also read off the estimate

$$\|(\bar{L}_{r,z}^g)^{-1}\|_{\bar{P}H^{k-4} \rightarrow \bar{P}H^k} = O(r^2). \quad (22)$$

Expand  $F(\phi, r, z, h) = F(0, r, z, h) + \bar{L}_{r,z}^g \phi + N_{r,z}(\phi)$ , where the nonlinearity  $N_{r,z}$  is defined by this expression. This  $N_{r,z}$  is calculated explicitly in (??). For every  $\phi$  satisfying (19), we can rearrange to get

$$\phi = -(\bar{L}_{r,z}^g)^{-1}(F(0, r, z, h) + N_{r,z}(\phi)). \quad (23)$$

In the r.h.s. we have  $F(0, r, z, h) = O(r^{-4})$  by [2, Cor. 45]. Thus, for sufficiently small  $\phi$ , we have by (22)-(23) that  $\|\phi\|_{H^k} = O(r^{-2})$ .

We now claim for  $\phi \in H^k$  and  $m + |\alpha| \leq 2$ , there hold

$$\|\partial_r^m \partial_z^\alpha (\bar{L}_{r,z}^g)^{-1} \phi\|_{H^k} \lesssim \|\phi\|_{H^{k-4}}, \quad (24)$$

$$\|\partial_r^m \partial_z^\alpha F(0, r, z, h)\|_{H^{k-4}} \lesssim r^{-(4+m)}, \quad (25)$$

$$\|\partial_r^m \partial_z^\alpha N_{r,z}(\phi)\|_{H^{k-4}} \lesssim \|\phi\|_{H^k}^2. \quad (26)$$

For (24), one uses the identity  $\partial^\beta (\bar{L}_{r,z}^g)^{-1} = -(\bar{L}_{r,z}^g)^{-1} \bar{\partial}^\beta L_{r,z}^g (\bar{L}_{r,z}^g)^{-1}$ , where  $|\beta| \leq 2$  is a multi-index in both  $r$  and  $z$ . This, together with the fact that  $\partial^\beta L_{r,z}$  is uniformly bounded (see (??)), implies (24). The rest follows from the expansion in Proposition ???. Using (24)-(26) and differentiating both sides of (23), we conclude the estimates (20).

3. For sufficiently large  $R$  and every  $r \geq R$ , we find using (20) with  $m = 0, \alpha = 0$  that the surface  $\theta(\phi_{r,z}, r, z)$  is  $H^k$ -close to the coordinate sphere  $S_{r,z}$ . This implies  $\theta(\phi_{r,z}, r, z)$  is an admissible surface.  $\square$

From now on we write  $\zeta = \zeta^\alpha$ ,  $\alpha = 0, \dots, 4$ , for a point in  $(r, z) \in M'$ . Thus,  $\zeta^0 = r$  and  $\zeta^j = z^j$  for  $j = 1, 2, 3$ .

**Definition 3** (The Lyapunov-Schmidt map  $\Phi$ ). Let  $K \subset M$  be the compact set as in Theorem ??. Let  $R \gg 1$ ,  $\delta \ll 1$  be given as in Theorem ??. Let  $M' := \mathbb{R}_{>R} \times B_1(0) \subset \mathbb{R} \times \mathbb{R}^3$ .

Define the Lyapunov-Schmidt map  $\Phi : M' \rightarrow H^k$  by  $\zeta \mapsto \phi_\zeta$ , where  $\phi_\zeta$  is the solution to (19) given in Proposition 1.

*Remark 3.* This  $\Phi$  is equivalent to the map  $\tilde{\Phi}$  in Theorem 1, through the diffeomorphism  $\Phi(\zeta) \mapsto \theta(\Phi(\zeta), \zeta)$ .

In the next proposition, we describe the geometric structure induced by the map  $\Phi$ .

**Proposition 2.** *The set*

$$E := \{\theta(\phi, \zeta) : \phi = \Phi(\zeta), \zeta \in M'\}$$

*forms an immersed  $C^1$  submanifold in  $X^k$ . The tangent space  $T_{\theta(\Phi(\zeta), \zeta)}E$  consists of vector fields over the surface  $\theta(\Phi(\zeta), \zeta)(\mathbb{S})$ . A basis of  $T_{\theta(\Phi(\zeta), \zeta)}E$  is given by  $\partial_{\zeta^\alpha} \theta(\Phi(\zeta), \zeta)$ .*

*Remark 4.* Using the projection constructed in Lemma 2, one can view this manifold  $E$  as consisting of the adiabatic parts of low (Willmore) energy surfaces in  $X^k$ .

*Proof.* The manifold structure of  $E$  follows from Definition 3, where  $\Phi : M' \rightarrow E$  is a  $C^1$  parametrization. We check the tangent space is non-degenerate. Compute

$$\partial_{\zeta^0} \theta(\Phi(\zeta), \zeta)(v) = (1 + \Phi(\zeta) + \zeta^0 \partial_{\zeta^0} \Phi(\zeta))v, \quad (27)$$

$$\partial_{\zeta^j} \theta(\Phi(\zeta), \zeta)(v) = \zeta^0 \partial_{\zeta^j} \Phi(\zeta)v + e^j, \quad (28)$$

where  $e^j$  is the  $j$ -th unit vector in  $\mathbb{R}^3$ . By the estimate (20), we find

$$\langle \partial_{\zeta^\alpha} \theta(\Phi(\zeta), \zeta), \partial_{\zeta^\beta} \theta(\Phi(\zeta), \zeta) \rangle = 4\pi \delta_{\alpha\beta} + O(R^{-2}).$$

This implies the claim if  $R$  is sufficiently large.  $\square$

In Appendix, we introduce the general concepts of the Lyapunov-Schmidt map, and relate it to our setting above.

### 2.3 Barycenter

In this subsection, we develop a new concept of barycenter for a certain class of closed surfaces in  $X^k$ .

**Definition 4** (Barycenter). Let  $x_*$  be an embedding of sphere that is  $H^k$ -close to the manifold  $E \subset X^k$  constructed in Definition 3, w.r.t. the topology on graphs introduced in Definition 1. Then we can write  $x_* = \theta(\Phi(\zeta) + \xi, \zeta)$  for some  $\zeta \in M'$ ,  $\|\xi\|_{H^k} \ll 1$ . (There can in general be many such choice of  $\zeta$  and  $\xi$ .) Expand  $x_*$  in  $\xi$  around  $\theta(\Phi(\zeta), \zeta)$  as

$$x_* = \theta(\Phi(\zeta), \zeta) + \partial_\phi \theta(\Phi(\zeta), \zeta) \xi + O(\|\xi\|_{H^k}^2). \quad (29)$$

Define  $f_\alpha \in H^k$  as

$$\begin{aligned} f_\alpha(\zeta)(v) &= \partial_{\zeta^\alpha} \theta(\Phi(\zeta), \zeta)(v)^N \\ &= g(\partial_{\zeta^\alpha} \theta(\Phi(\zeta), \zeta), \nu(\theta(\Phi(\zeta), \zeta))) \quad (\alpha = 0, \dots, 3). \end{aligned} \quad (30)$$

We say a point  $\zeta_* \in M'$  is the barycenter of  $x_*$  if  $\zeta_*$  solves the following algebraic system:

$$\langle \xi, f_\alpha \rangle_{L^2} = 0 \quad (\alpha = 0, \dots, 3), \quad (31)$$

where  $\xi$  is defined by the relation  $x_* = \theta(\Phi(\zeta_*) + \xi, \zeta_*)$ .

*Remark 5.* The four vectors  $f_\alpha$  span the tangent space at  $\theta(\Phi(\zeta_t), \zeta_t)^N$  to  $E^N \subset H^k$ , where  $E^N$  consists of the normal components of the elements in the manifold  $E$  defined in Definition 3. Geometrically, the defining condition (31) for barycenter means that the Gâteaux derivative of the map  $\theta(\cdot, \zeta_*)^N$  at  $\Phi(\zeta_*)$  along  $\xi$ -direction is perpendicular to the tangent space  $T_{\theta(\Phi(\zeta_*), \zeta_*)^N} E^N$ . In terms of the expansion (29), this means the second term in the r.h.s. is  $L^2$ -orthogonal to the tangent space at the first term to  $E$ . In this sense the choice of barycenter is optimal.

*Remark 6.* Our definition of barycenter differs from the classical one, given by averaging over  $\Sigma$  w.r.t. Euclidean background metric, namely  $|\Sigma|_g^{-1} \int_\Sigma x d\mu_\Sigma^{\delta_{ij}}$ . See [3] and the references therein. Our version of barycenter retains the key decay property as [3, Sec. 5]. Namely, the motion of barycenter is controlled by a differential inequality using a Lyapunov functional, defined in Section ??.

Moreover, our definition allows us to retain explicit and uniform control of a flow evolving according to (1), as we show in Sec. ??.

In the next lemma, we define a nonlinear projection (or coordinate map) that associates barycenters to low energy configurations in  $X^k$ .

**Lemma 2** (nonlinear projection). *There exists  $\delta > 0$  such that on the space*

$$U_\delta := \{x = \theta(\Phi(\zeta) + \xi, \zeta) : \zeta \in M', \|\xi\|_{H^k} < \delta\}, \quad (32)$$

*there exists a  $C^1$  map  $S : U_\delta \rightarrow M'$  such that  $S(x)$  is the barycenter of  $x$  as in Definition 4.*

*Moreover, we have uniform estimate on  $S$  and its derivative.*

*Remark 7.* Essentially, the existence of such projection depends on the non-degeneracy shown in Proposition 2. Later, we see that the barycenter  $\zeta = S(x)$  determines the adiabatic (or slowly-varying) part of  $x$ .

We call the remainder  $\xi$  that satisfies  $x = \theta(\Phi(S(x)) + \xi, S(x))$  the *fluctuation* of  $x$ .

*Proof.* Define a map

$$\begin{aligned} \Gamma &: M' \times U_\delta \subset \mathbb{R}^4 \times H^k &\longrightarrow & \mathbb{R}^4 \\ &(\zeta, x) &\longmapsto & \langle \xi, f_\alpha \rangle_{L^2} \end{aligned} \quad (33)$$

where  $\xi$  is defined by the relation  $x = \theta(\Phi(\zeta) + \xi, \zeta)$ . It suffices to find a map  $S$  such that  $\zeta = S(x)$  solves

$$\Gamma(\zeta, x) = 0. \quad (34)$$

By the Implicit Function Theorem, it suffices to check that the map  $\Gamma$  satisfies the following properties:

1.  $\Gamma$  is  $C^1$  in  $\zeta$ .
2.  $\Gamma(\zeta, \theta(\Phi(\zeta), \zeta)) = 0$ .
3. The matrix  $\nabla_\zeta \Gamma(\zeta, \theta(\Phi(\zeta), \zeta)) : \mathbb{R}^4 \rightarrow \mathbb{R}^4$  is invertible.

The first claim follows from the regularity of  $\Phi$  as in Proposition 1. The second claim is trivial because in this case  $\xi = 0$ .

We now claim the rescaled matrix

$$A_{\alpha\beta} := \zeta^0 \partial_{\zeta^\alpha} \Gamma_\beta|_{(\theta(\Phi(\zeta), \zeta))}$$

is invertible, which implies the third claim above.

Using (27)-(28), the definition (30), and the assumption on the background metric  $g_{ij} = \delta_{ij} + O((\zeta^0)^{-1})$ , we compute

$$f_0 = (1 + O((\zeta^0)^{-1}))y^0 + \Phi(\zeta) + \zeta^0 \partial_{\zeta^0} \Phi(\zeta) + \Phi(\zeta) O((\zeta^0)^{-1}) + O((\zeta^0)^{-4}), \quad (35)$$

$$f_j = (1 + O((\zeta^0)^{-1}))y^j + \zeta^0 \partial_{\zeta^j} \Phi(\zeta) + O((\zeta^0)^{-4}), \quad (36)$$

where the vectors  $y^\alpha$  span  $\text{ran } P$  as in Definition 2.

For  $\xi = \xi(\zeta, x)$ , we find

$$\xi(v) = \left\langle \frac{x(v) - \zeta}{\zeta^0}, v \right\rangle - 1 - \Phi(\zeta)(v), \quad (37)$$

$$\partial_{\zeta^0} \xi(v) = - \left\langle \frac{x(v) - \zeta}{(\zeta^0)^2}, v \right\rangle - \partial_{\zeta^0} \Phi(\zeta), \quad (38)$$

$$\partial_{\zeta^j} \xi(v) = - \frac{e^j}{\zeta^0} - \partial_{\zeta^j} \Phi(\zeta)(v). \quad (39)$$

Now, since  $x \in U_\delta$ , we have  $A_{\alpha\beta} = \zeta^0 \langle \partial_{\zeta^\alpha} \xi, f_\beta \rangle + \zeta^0 \langle \xi, \partial_{\zeta^\alpha} f_\beta \rangle = \langle \partial_{\zeta^\alpha} \xi, f_\beta \rangle + O(\zeta^0 \delta)$ . By this, and the formula (35)-(39) above, we find that  $A_{\alpha\beta} = O(1)\delta_{\alpha\beta} + O((\zeta^0)^{-2}) + O(\zeta^0 \delta)$ . For sufficiently large  $R \gg 1$ ,  $\delta = o(R^{-1})$ , and every  $\zeta^0 \geq R$ , we can conclude from here that  $A_{\alpha\beta}$  is invertible. This proves the existence of the  $C^1$  map  $S$ . The uniform estimates for  $S$  and its Fréchet derivative are implicit in the arguments above. □

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